



9.11 DAY

25TH ANNIVERSARY

September 11, 2026

RESILIENT LONG ISLAND

Ready Before It Is Needed.

Emergencies can interrupt power, transportation, communication, and access to everyday necessities. A little preparation can make it easier to respond safely and help others.

BE READY

- Keep important phone numbers on paper.
- Know where you will meet if separated.
- Know how you will receive emergency alerts.
- Keep essential medications, ID, and important information accessible.
- Plan for children, older adults, people with disabilities, and pets.

REMEMBER: During an emergency, follow instructions from local emergency officials and first responders.

Connecting remembrance and youth service with community readiness — Long Island.





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GET HELP

In an Emergency

Call **911** when immediate police, fire, or medical assistance is needed.

WHEN YOU CALL:

- Say what happened.
- Give your location.
- Give the callback number you are using.
- Answer the dispatcher's questions.
- Follow instructions and do not hang up until told to do so.

MY IMPORTANT NUMBERS

Emergency Contact 1:

Emergency Contact 2:

Doctor / Health Provider:

Pharmacy:

Electric Utility:

Insurance:

Out-of-Area Contact:

Phone:

Phone:

Phone:

Phone:

Gas Utility:

Policy #:

Phone:

Keep this card somewhere easy to find. Give a copy to a trusted person.





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POWER OUTAGE

Stay Safe. Stay Connected.

BEFORE

- Charge phones and portable power banks.
- Keep flashlights and batteries accessible.
- Keep a paper copy of important contacts.
- If you rely on powered medical equipment or refrigerated medicine, make a backup plan with your healthcare provider.
- Know how to receive emergency information if usual communication fails.

DURING

- Use flashlights or battery-powered lights.
- Keep refrigerator and freezer doors closed as much as possible.
- Use generators, camp stoves, and charcoal grills only outdoors — at least 20 ft from windows, doors, and garages.
- Never use a gas oven or stovetop to heat your home.
- Follow local instructions concerning water, heat, cooling, and evacuation.

CHECK IN: *When it is safe, check on neighbors and others who may need assistance.*





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EVACUATE OR SHELTER

Know Before You Go.

Different emergencies require different responses. Follow directions from local emergency officials and first responders.

IF YOU MUST EVACUATE

- Identification and important documents
- Medications and medical information
- Phone and charger / power bank
- Emergency contact information
- Necessary mobility or medical equipment
- Supplies for children or pets, when applicable

IF YOU MUST SHELTER

Go to the safest location appropriate for the emergency. Stay informed through official emergency alerts, radio, television, or other available communication.

TIP: *Know more than one route from home and identify a meeting place for household members. Tell someone where you are when possible.*





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MY MEDICAL INFORMATION

Keep With Your Emergency Supplies

Name: _____ Date of Birth: _____
Emergency Contact: _____ Phone: _____
Doctor: _____ Phone: _____
Pharmacy: _____ Phone: _____

ALLERGIES

MEDICATIONS & CONDITIONS

Medication: _____ Dose/Freq: _____
Medication: _____ Dose/Freq: _____
Medication: _____ Dose/Freq: _____

Equipment / assistance
needed: _____



Scan

resources



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PROTECT YOUR INFORMATION & MONEY

Emergencies Can Also Attract Scams.

- Protect your Social Security number, banking information, passwords, and other personal information.
- Be cautious when someone unexpectedly asks for money or financial information.
- Ask people claiming to represent government agencies for official identification.
- Federal disaster workers do not solicit or accept money.
- Be cautious with unsolicited contractors or door-to-door visitors after a disaster.
- When uncertain, contact the agency through a phone number or website you independently know to be legitimate.

IMPORTANT DOCUMENTS: Before an emergency, securely organize copies of ID, insurance, medical information, and essential records. Keep protected copies accessible if evacuation is needed.

